



Recovery after Temporary Ileostomy: Is there a gender perspective?



The Swedish segment of the Ostomy Forum:
Andersson, G., Bengtsson, E., Dahl, K., Gylín, M., Hallén, A-M., Svensson, K.

Background:

By using a standardised follow-up form Stoma Care Nurses can focus on ostomy related physical and psychological consequences. The Ostomy Forum is an international project whose purpose is to promote a better quality of life for people living with an ostomy. A History Taking Form and a Follow-up Form have been developed.

Method:

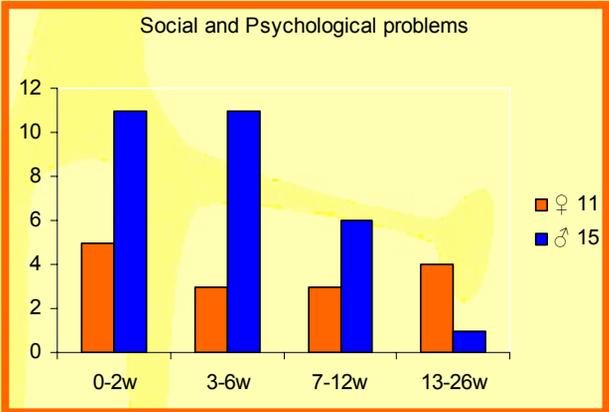
Eight countries participated in the study. In outpatient clinics patients were observed, using the standardised Follow-up Form. The study included 221 patients. 26 had a temporary ileostomy; 11 female and 15 male. The data was analysed using SAS, v 9.1.2.

Aim:

The aim was to find out if there was a difference between females and males in their recovery after surgery with a temporary ileostomy.

Result:

At the first visit after surgery, 73% of the males have social and psychological problems versus 45 % of the females. The last follow up period showed that most of the males were back to normal status. However in the female group 36 % still experienced social and psychological problems.



Conclusion:

The study indicated that males seem to recover faster than females. The awareness of the gender perspective is important.

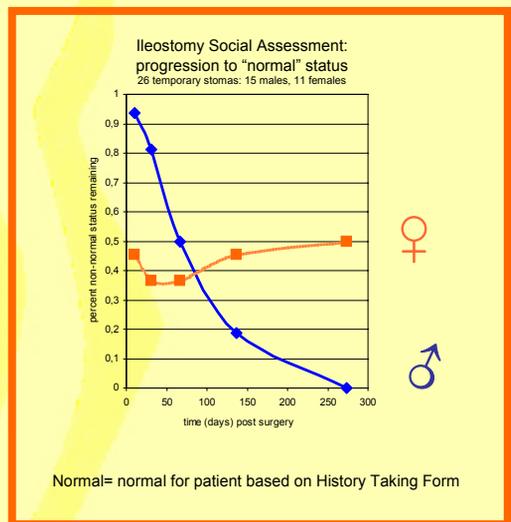


Clinical comments

♂ Follow-up is important in the first period after surgery

♀ Follow-up has to be intensified after three months if the stoma is not closed

♂♀ Early closure of a temporary ileostomy is recommended



Normal= normal for patient based on History Taking Form

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Illustrations: Lifespan AB, Stockholm, Sweden, 2005